Intra-articular lidocaine versus intravenous sedation for closed reduction of acute anterior shoulder dislocation in the emergency department: a systematic review and meta-analysis

Analgesia is often required for acute reduction in the ED

2 types of

analgesia

IAL was found to be as effective as IV sedation

With fewer adverse events and shorter ED length of stay

83.8%

success with IAL

91.4% with IV sedation

No difference in pain scores or ease of reduction

Several factors may influence your anesthetic choice

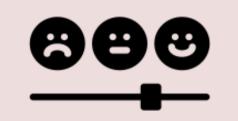
IAL was associated with:





LOWER SATISFACTION

70.5% with IAL



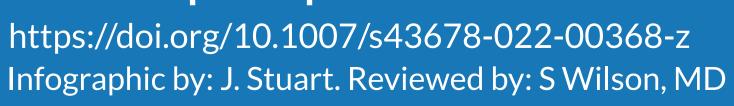
90.4% with IV sedation

Take Home Message: Intra-articular lidocaine may be an effective alternative to IV sedation for reduction of anterior shoulder dislocations in the ED.

Sithamparapillai et al. CJEM. Dec 2022

Intra-articular

lidocaine (IAL)



IV sedation



