



HYPOVOLEMIC SHOCK

(Hypotension, Tachycardia)



PERITONITIS

(Rigidity, Guarding, Extreme Tenderness)

HISTORY

HPI + OPQRST Nausea/vomiting
 EtOH use Last BM
 Travel BM frequency/quality
 Sick Contacts Fever/chills

PHYSICAL

Liver stigmata
 Murphy's Sign
 Appendicitis Tests -McBurney's,
 Rosvings, Psoas, Obturator
 CVA tenderness
 Jaundice, Ascites

REVIEW OF SYSTEMS

Urinary symptoms, Pelvic discharge/bleeding, Chest/Back pain, Constitutional Symptoms

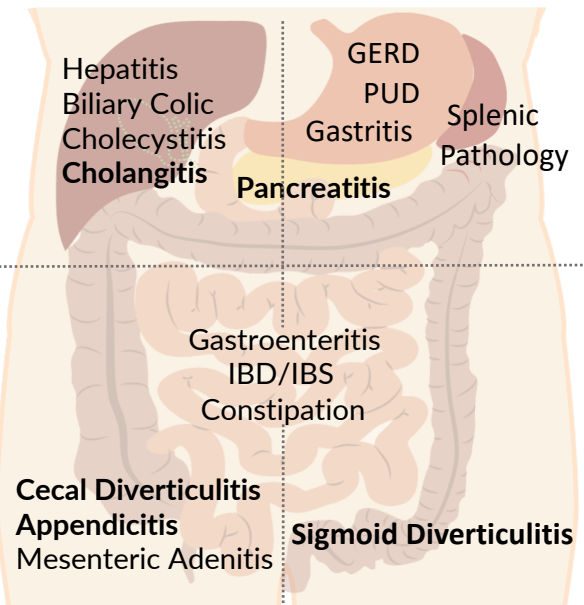
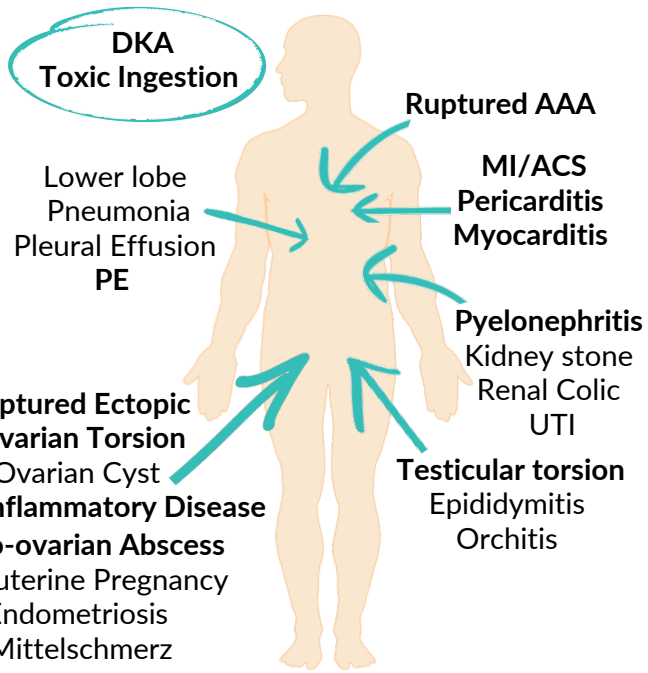
DIFFERENTIAL

DEADLY

- Peritonitis
- Bowel obstruction, Volvulus
- Incarcerated/Strangulated Hernia
- Perforated Viscus
- Mesenteric ischemia

CAN HAPPEN ANYWHERE

REMEMBER TO THINK OUTSIDE THE ABDOMEN



LABS

CBC, lytes,
 Bun/Cr, Glucose
 Liver enzymes,
 LFTS, Lipase,
 Lactate
 +/- BHCG, Trop

IMAGING

X-Ray - Bowel obstruction, Free air, Foreign bodies
 U/S - Biliary tree, Appendicitis, Pelvis
 CT - Detailed GI, Vascular, Large BMI

MANAGEMENT

NPO, General surgery or Medicine consult
 Fluids (bolus if ↓BP, maintenance if NPO/ can't tolerate PO)
 Analgesia (Acetaminophen +Ibuprofen, Ketorolac, Opioids)
 Anti-emetic (Dimenhydrinate, Ondansetron, Metoclopramide)
 Intraabdominal Infection Abx -2nd/3rd gen cephalosporin (ceftriaxone, cefotaxime) OR fluoroquinolones (ciprofloxacin, levofloxacin) PLUS metronidazole or clindamycin