1. Before discharging the patient, consider

- Language barriers
- Health literacy level
- Patient's autonomy/independence

2. Components of discharge instructions

1. Diagnosis
2. Prognosis
3. Follow-up
4. Return to ED if...

3. To improve the discharge process

- Giving out written discharge instructions
- Taking a moment for health education and promotion
- Collaborating with healthcare team for discharge

This infographic was designed by Dr. Kevin Lam in collaboration with Dr. Anali Maneshi, Dr. Alvin Chin, and Dr. Sophie Gosselin.