

giving safe and complete

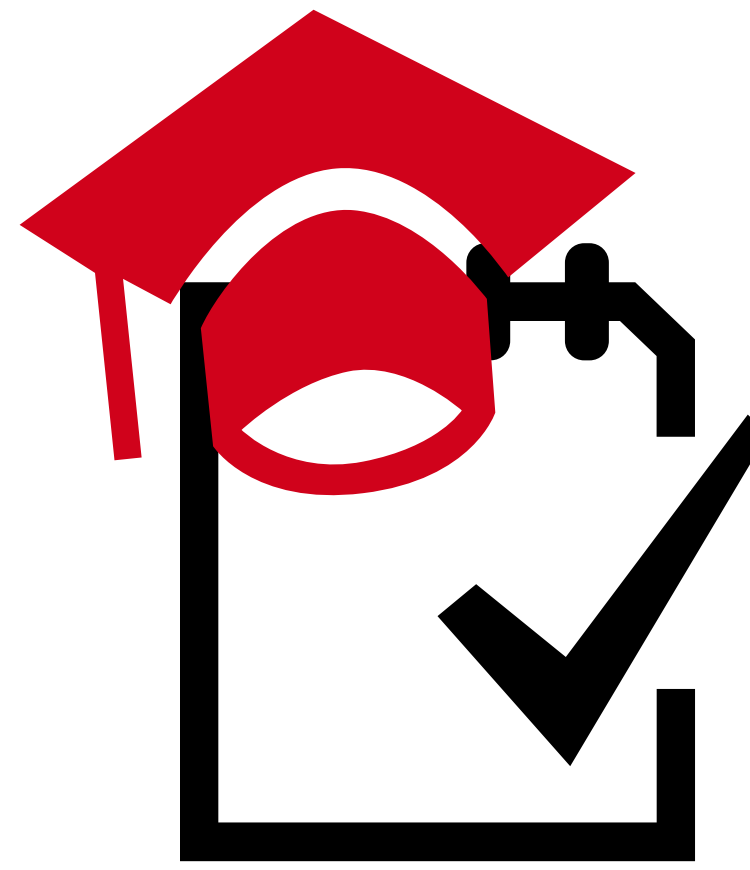
# discharge instructions

in the emergency department

## 1. Before discharging the patient, consider



Language barriers



Health literacy level



Patient's autonomy/  
independence

## 2. Components of discharge instructions



**Diagnosis**  
1



**Prognosis**  
2

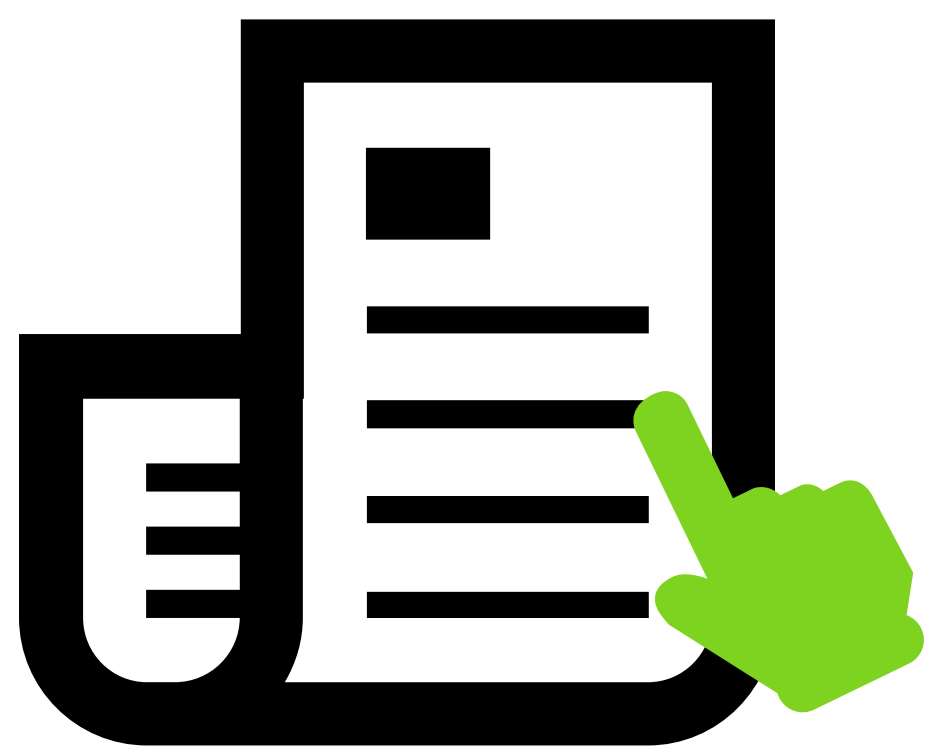


**Follow-up**  
3



**Return  
to ED if...**  
4

## 3. To improve the discharge process



Giving out  
written discharge  
instructions



Taking a moment for  
health education and  
promotion



Collaborating with  
healthcare team for  
discharge

This infographic was designed by Dr. Kevin Lam in collaboration with Dr. Anali Maneshi, Dr. Alvin Chin, and Dr. Sophie Gosselin.