

## **First Year Diaries: Mike Kirlew – Rural ED**

### **00:00 – 03:10 – Introduction**

I asked the seasoned veteran Dr. Mike Kirlew to share his experiences of working in a rural environment, and what his tips are for physicians who want to work in these locations. You may know him from the podcast that he does for LMCC teaching and his family medicine podcast with Dr. Brady Bouchard but he is also a social advocate for health equality in under-resourced rural communities and he is a very active member in the medical field in various other ways.

### **03:14 – 40:34 – Questions**

1. 03:14 – 04:10 – *Can you introduce yourself – what do you, and where you work?*
2. 04:10 – 06:53 – *Tell us about your journey to work Sioux Lookout and tell us about working in that rural department?*
3. 06:53 – 15:45 – *If I was walking through your emergency department, what am I looking at? How many beds are there? What are my supports? What are my specialists?*
4. 15:45 – 21:54 – *If you put yourself in the shoes of a new rural physician walking into the ED for their first shift, what can they do to prepare themselves?*
5. 21:54 – 27:32 – *What can someone who is in residency do to prepare themselves for working in a rural community?*
6. 27:32 – 30:34 – *Can you tell us about the things that you do to keep up to date on your medical knowledge?*
7. 30:34 – 35:37 – *How have you or other colleagues transitioned into working and living in the rural areas as a doctor?*
8. 35:37 – 40:34 – *Any last thoughts?*

### **40:34 – 43:46 – Closing Remarks**