

# Cutting versus cutting and ripping clothing removal in trauma

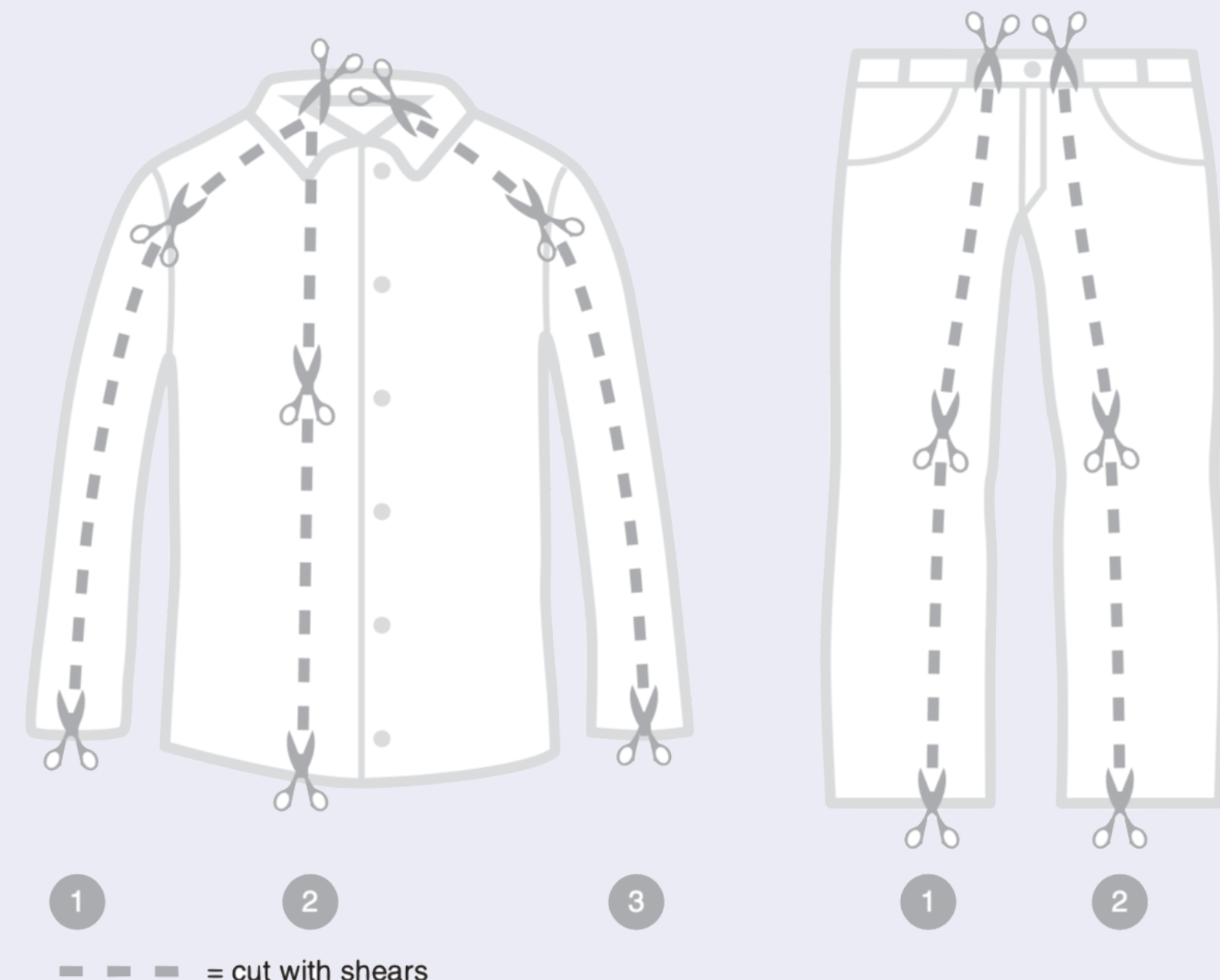
**Cut and Rip**



**Average: 104 seconds**

Time to complete exposure

**Cut alone**



**Average: 136 seconds**

**Take Home Message:** When speed is the primary objective, a cutting and ripping technique is superior to cutting alone in removing clothing from trauma patients

Sibley et al. *CJEM*. July 2017

<https://doi.org/10.1017/cem.2017.346>

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