Effectiveness of intravenous prostaglandin to reduce digital amputations from frostbite: an observational study

Iloprost has been used to treat frostbite in healthy patients

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Research around its use in urban populations and people experiencing homelessness is sparse

Illoprost reduces the amputation rate in severe frostbite

Grade 2 injuries (n = 315)

NO digital amputations in either group

Grade 3 injuries (n = 244) NNT 3.7

44% without iloprost

18% with iloprost

Grade 4 injuries (n = 139) NNT 2.0

95% without iloprost

46% with iloprost

In an urban cohort, iloprost was found to be safe and effective

Iloprost for frostbite was associated with:

NO SERIOUS ADVERSE EVENTS

and only 6 mild (3 headache, 3 tachycardia)



Take Home Message: Implementing an iloprost pathway into Canadian urban EDs may lower the morbidity associated with frostbite injuries

Crooks et al. CJEM. Sept 2022

https://doi.org/10.1007/s43678-022-00342-9 Infographic by: S. Wilson MD. Reviewed by R. Seliga MD.



